

NOVEMBER

LET'S MEET ONLINE! VIRTUAL ACTIVITIES

CHECK YOUR ACTIVITY CALENDAR FOR DATES & ACTIVITY EMAILS FOR ZOOM LINKS

DAILY CALM

MONDAY – FRIDAY 9:30AM



CARDIO STRENGTH WITH CLAIRE O'CONNELL

MONDAYS & FRIDAYS
9:30AM



LINE DANCING WITH ERICA ROBINSON-GRIPP

TUESDAYS 11:00AM



RESTORATIVE CHAIR YOGA WITH JOAN REIMAR

THURSDAYS 10:00AM



BETTER BALANCE, SAFER YOU BEGINNERS WITH MASTER GEORGE ZABRECKY

THURSDAYS 10:00AM



KRISTIN DIETSCH TAI CHI FLOW THURSDAYS 11:00AM TAI CHI FLOW PLUS SATURDAYS 10:00AM

Participants can email to get the link. kristindietsche@gmail.com



MOVIES!

Every Monday & Friday
1:30
Movies listed on back!

SPECIAL PRESENTATIONS



BRAWL INTO FALL! NOVEMBER 3, 2:00PM

“When he isn't taking our clients to the doctor, he's sending others to the hospital!”
Our driver, Sean Stewart a.k.a. Lord Crewe will be showcasing his TV debut match!
Question & Answers after.

MEDICARE OPEN ENROLLMENT CONTINUES! NOVEMBER 10, 10:30AM

Susan Pittman, our Medicare (OSHIIP) counselor, will continue to share how to compare plans and save money! After the program, Susan will be taking appointments to discuss your individual needs.

ANDREW TINKHAM Senior Outreach and Education Specialist Office of the Ohio Consumers' Counsel

NOVEMBER 17, 1:30PM

Holiday Smart Energy Living: Saving Money During the Holidays

It is common for consumers to use more energy around the holidays. Learn how to save money on heating, cooking, holiday lighting, and much more.

CARING FOR THE CAREGIVER A Reflective and Supportive Online Writing Experience

NOVEMBER 18, 1:00-3:00 PM

Annette Januzzi Wick and Pauletta Hansel will lead an online creative writing experience designed to help family caregivers explore the gifts and challenges of their lives through poetry, storytelling and journaling.

LINKS TO THESE VIRTUAL ACTIVITIES ARE ON OUR WEBSITE
www.55North.org

CLICK ON RESOURCES, THEN
CLICK ON CONNECTING THIS WEEK

MONDAY, NOVEMBER 1

MA RAINEY'S BLACK BOTTOM



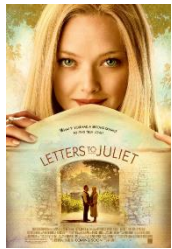
Tensions rise when trailblazing blues singer Ma Rainey and her band gather at a recording studio in Chicago in 1927.

Gertrude "Ma" Rainey (née Pridgett; April 26, 1886 – December 22, 1939) was an influential American blues singer and early blues recording artist. Dubbed the "Mother of

the Blues", she bridged earlier vaudeville and the authentic expression of southern blues, influencing a generation of blues singers

FRIDAY, NOVEMBER 5

LETTERS TO JULIET



While visiting Verona, Italy, with her busy fiancé, a young woman named Sophie (Amanda Seyfried) visits a wall where the heartbroken leave notes to Shakespeare's tragic heroine, Juliet Capulet. Finding one such letter from 1957, Sophie decides to write to its now elderly author, Claire (Vanessa Redgrave).

MONDAY, NOVEMBER 8

CHEF



After a controlling owner (Dustin Hoffman) pushes him too far, Chef Carl Casper (Jon Favreau) quits his position at a prestigious Los Angeles restaurant. As he tries to figure out what his next step should be, he finds himself in Miami. Carl joins forces with his ex-wife (Sofia Vergara), best friend (John Alberto Leguizamo) and son (Emjay Anthony) to launch a food-truck business.

FRIDAY, NOVEMBER 12

MISS VIRGINIA



An impoverished single mother is losing her 15-year-old son to the rough streets of Washington, D.C. Unwilling to see him drop out and deal drugs, she places him in a private school. But when she can't afford the tuition, she soon launches a movement to change the system that is destroying him and thousands of others. Based on the true story of Virginia Walden Ford

MONDAY, NOVEMBER 15

QUARTET



At a home for retired musicians, the annual concert to celebrate Composer Giuseppe Verdi's birthday is disrupted by the arrival of Jean (Dame Maggie Smith), an eternal diva and the former wife of one of the residents.

FRIDAY, NOVEMBER 19

THE GUERNSEY LITERARY AND POTATO PEEL PIE SOCIETY



In the aftermath of World War II, a writer forms an unexpected bond with the residents of Guernsey Island when she decides to write a book about their experiences during the war.

MONDAY, NOVEMBER 22

BLUE MIRACLE



To save their cash-strapped orphanage, a guardian and his kids partner with a washed-up boat captain for a chance to win a lucrative fishing competition.

Because Blue Miracle is only loosely based on the true Casa Hogar story, there are some details that have been changed or left out —

but, besides some Hollywood bling, the film does its best to stick to the true story.

MONDAY, NOVEMBER 29

AS GOOD AS IT GETS



Melvin Udall (Jack Nicholson) is an obsessive-compulsive writer of romantic fiction who's rude to everyone he meets, including his gay neighbor Simon (Greg Kinnear), but when he has to look after Simon's dog, he begins to soften and, if still not completely over his problems, finds he can conduct a

relationship with the only waitress (Helen Hunt) at the local diner who'll serve him.

Suggest a movie.

**If I can find it on Netflix
or Tubi TV I'll play it!
(providing it's suitable!!!)**